This menu is served the week of: 2/22

**Monday**
- Cereal
- Cinnamon Gripz®
- Craisins®
- Apple Juice

- Homestyle Chicken Bites® OR Pepperoni Pizza OR Power Pack: SunButter® Cup, Cheddar Cheese Stick, Cheez-It® Crackers, Heartzels®
- Broccoli Florets® or Baby Carrots
- Red Apple Slices® or Peach Cup
- Sweet Potato Roll®

**Tuesday**
- Strawberry Pop-tart®
- Cinnamon Gripz®
- Mandarin Orange Cup®
- Orange Juice

- BBQ Pork* Rib on Whole Grain Split Top Bun® OR Spicy Chicken Sandwich OR Power Pack: YoplaitTM Yogurt, Cheddar Cheese Curds, Blueberry Lemon Crackers, Banana Muffin
- Whole Kernel Corn® or Romaine Salad with Pepper Strips
- Fresh Pineapple Chunks or Mixed Berry Cup®

**Wednesday**
- Cereal®
- Cinnamon Gripz®
- Craisins®
- Apple Juice

- Cheese Pizza® OR Smucker’s® Uncrustables® PBJ OR Power Pack: Jalapeno Cheese Cup, Spicy Sunflower Seeds, Tostitos®, Cheez-It® Crackers
- Roasted Potatoes® or Baby Carrots
- Red Seedless Grapes® or Banana

**Thursday**
- Strawberry Cream Cheese Mini Bagels®
- Banana
- Orange Juice

- Cheeseburger Sliders® OR Beef Nachos w/ Jalapeno Cheese Cup, Salsa Cup, and Doritos® OR Power Pack: Co-Jack® Cheese Cubes, Sunflower Seeds, Sun Chips®, Heartzels®
- Kyoto Blend Vegetables® or Romaine Salad with Grape Tomatoes
- Strawberry Cup or Red Apple Slices®

**Friday**
- PillsburyTM Mini Chocolate Chip Pancakes®
- Craisins®
- Apple Juice

- Hot Dog on Coney Bun® OR Nashville Hot Chicken Tenders OR Power Pack: YoplaitTM Yogurt, Mozzarella Cheese Stick, Cheez-It® Crackers, Tostitos®
- Baked Beans® or Chili-Lime Carrots
- Cantaloupe Chunks® or Mandarin Orange Cup

**Breakfast & Lunch Menus**

All meals include choice of Milk: 1% White or Chocolate
Breakfast & lunch served at no charge to all IPS students. Breakfast served a minimum of 15 minutes prior to the school day. Please note this menu is subject to change. This institution is an equal opportunity provider. *Pork Product |® Pre-K Menu
Monday
Cereal PK
Cinnamon Gripz PK
Craisins PK
Apple Juice PK
Breaded Chicken Filet on Bun PK OR
Pepperoni Pizza OR
Power Pack: SunButter® Cup, Cheddar Cheese Stick, Cheez-It® Crackers, Heartzels®
Green Peas PK or Baby Carrots
Red Apple Slices or Peach Cup PK

Tuesday
Strawberry Cream Cheese Mini Bagels PK
Strawberry Cup PK
Orange Juice PK
Beef, Bean & Cheese Burrito PK OR
Spicy Chicken Sandwich OR
Power Pack: Yoplait™ Yogurt, Cheddar Cheese Curds, Blueberry Lemon Crackers, Banana Muffin
Seasoned Green Beans PK or Romaine Salad with Pepper Strips
Fresh Pineapple Chunks PK or Mixed Berry Cup

Wednesday
Cereal PK
Strawberry Pop-tart®
Craisins PK
Apple Juice PK
Grilled Cheese PK OR
Smucker’s® Uncrustables® PBJ OR
Power Pack: Jalapeno Cheese Cup, Spicy Sunflower Seeds, Tostitos®, Cheez-It® Crackers
Home Fries PK or Baby Carrots
Red Seedless Grapes or Banana PK

Thursday
Blueberry Waffles PK
Banana PK
Orange Juice PK
Mini Chicken Corn Dogs PK OR
Beef Nachos w/ Jalapeno Cheese Cup, Salsa Cup, and Doritos® OR
Power Pack: Co-Jack® Cheese Cubes, Sunflower Seeds, Sun Chips®, Heartzels®
Baked Beans PK or Romaine Salad with Grape Tomatoes
Strawberry Cup PK or Red Apple Slices

Friday
Sweet Potato Roll PK
Cinnamon Gripz PK
Craisins PK
Apple Juice PK
Pepperoni Pizza PK OR
Nashville Hot Chicken Tenders OR
Power Pack: Yoplait™ Yogurt, Mozzarella Cheese Stick, Cheez-It® Crackers, Doritos®
Broccoli Florets PK or Pizza Carrots
Cantaloupe Chunks or Mandarin Orange Cup PK

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Please note this menu is subject to change. | This institution is an equal opportunity provider. | *Pork Product | PK Pre-K Menu
This menu is served the week of: 3/8

**Monday**
- Cereal PK
- Cinnamon Gripz® PK
- Craisins® PK
- Apple Juice PK

- Chicken Soft Taco PK OR
- Pepperoni Pizza OR
- Power Pack: SunButter® Cup, Cheddar Cheese Stick, Cheez-It® Crackers, Heartzels®
- Whole Kernel Corn PK or Chili-Lime Baby Carrots
- Red Apple Slices PK or Peach Cup

**Tuesday**
- Pillsbury™ Cherry Frudel™ ™
- "Cereal PK"
- Mandarin Orange Cup PK
- Orange Juice PK

- Honey Sriracha Boneless Wings PK OR
- Spicy Chicken Sandwich OR
- Power Pack: Yoplait™ Yogurt, Cheddar Cheese Curds, Blueberry Lemon Crackers, Banana Muffin
- Kyoto Blend Vegetables PK or Romaine Salad with Pepper Strips
- Fresh Pineapple Chunks or Mixed Berry Cup PK

**Wednesday**
- Cereal PK
- Cinnamon Pop-tart®
- Craisins PK
- Apple Juice PK

- Sausage* Links & French Toast Sticks PK w/ Syrup OR
- Smucker’s® Uncrustables® PBJ OR
- Power Pack: Jalapeno Cheese Cup, Spicy Sunflower Seeds, Tostitos®, Cheez-It® Crackers
- Home Fries PK or Baby Carrots
- Red Seedless Grapes PK or Banana
- Banana Muffin

**Thursday**
- Sweet Potato Roll PK
- Strawberry Pop-tart® PK
- Banana PK
- Orange Juice PK

- Chicken Drumstick OR
- Beef Nachos w/ Jalapeno Cheese Cup, Salsa Cup, and Doritos® OR
- Power Pack: Co-Jack® Cheese Cubes, Sunflower Seeds, Sun Chips®, Heartzels® PK
- Broccoli Florets PK or Romaine Salad with Grape Tomatoes
- Strawberry Cup or Red Apple Slices PK
- Cheese-Stuffed Breadstick

**Friday**
- Pillsbury™ Mini Cinnis ™
- "Cereal PK"
- Craisins PK
- Apple Juice PK

- Hamburger on Whole Grain Bun PK OR
- Nashville Hot Chicken Tenders OR
- Power Pack: Yoplait™ Yogurt, Mozzarella Cheese Stick, Cheez-It® Crackers, Doritos®
- Baked Beans PK or Baby Carrots
- Mixed Fresh Fruit PK or Mandarin Orange Cup

All meals include choice of Milk: 1% White or Chocolate

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Updated 2/18/21
<table>
<thead>
<tr>
<th>Day</th>
<th>Breakfast</th>
<th>Lunch</th>
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<tbody>
<tr>
<td>Monday</td>
<td>Cereal PK (2 bowls)</td>
<td>Chili w/ Shredded Cheese PK OR</td>
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<td></td>
<td>Strawberry Pop-tart®</td>
<td>Pepperoni Pizza OR</td>
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<td>Craisins PK</td>
<td>Power Pack: SunButter® Cup, Cheddar Cheese Stick, Cheez-It® Crackers, Heartzels®</td>
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<td></td>
<td>Apple Juice PK</td>
<td>Broccoli Florets PK or Baby Carrots</td>
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<td>Red Apple Slices PK or Peach Cup</td>
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<td>Whole Grain Cornbread PK</td>
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<tr>
<td>Tuesday</td>
<td>Pillsbury™ Cherry Frudel™ PK</td>
<td>Cheese Pizza PK</td>
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<tr>
<td></td>
<td>**Cereal PK (2 bowls)</td>
<td>Spicy Chicken Filet on Bun OR</td>
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<td>Cinnamon Applesauce Cup PK</td>
<td>Power Pack: Yoplait™ Yogurt, Cheddar Cheese Curds, Blueberry Lemon Crackers, Banana Muffin</td>
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<td>Orange Juice PK</td>
<td>Whole Kernel Corn PK or Romaine Salad with Pepper Strips</td>
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<td>Fresh Pineapple Chunks or Strawberry Applesauce Cup PK</td>
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<tr>
<td>Wednesday</td>
<td>Cereal PK</td>
<td>Cheeseburger Sliders PK OR</td>
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<td></td>
<td>Cinnamon Gripz PK</td>
<td>Beef Nachos w/ Jalapeno Cheese, Salsa Cup, and Doritos PK OR</td>
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<td>Craisins PK</td>
<td>Power Pack: Jalapeno Cheese Cup, Spicy Sunflower Seeds, Tostitos®, Cheez-It® Crackers</td>
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<td></td>
<td>Apple Juice PK</td>
<td>Diced Red Potatoes PK or Baby Carrots</td>
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<td>Red Seedless Grapes PK or Peach Mango Applesauce Cup PK</td>
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<tr>
<td>Thursday</td>
<td>Strawberry Cream Cheese Mini Bagels PK</td>
<td>Beef Nachos w/ Jalapeno Cheese &amp; Salsa Cup PK OR</td>
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<td>Banana PK</td>
<td>Smucker’s® Uncrustables® PBJ OR</td>
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<td>Orange Juice PK</td>
<td>Power Pack: Co-Jack® Cheese Cubes, Sunflower Seeds, Sun Chips®, Heartzels®</td>
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<td>Kyoto Blend Vegetables® or Romaine Salad with Grape Tomatoes</td>
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<td>Strawberry Cup or Cinnamon Applesauce Cup PK</td>
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<td>Doritos PK</td>
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<tr>
<td>Friday</td>
<td>Pillsbury™ Mini Chocolate Chip Pancakes PK</td>
<td>Hot Dog on Coney Bun PK OR</td>
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<td>Craisins PK</td>
<td>Nashville Hot Chicken Tenders OR</td>
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<td>Apple Juice PK</td>
<td>Power Pack: Trix™ Cherry Yogurt, Mozzarella Cheese Stick, Cheez-It® Crackers, Heartzels®</td>
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<td>Baked Beans PK or Chili Lime Carrots</td>
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<td>Mixed Fresh Fruit PK or Mandarin Orange Cup</td>
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</tbody>
</table>

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