This menu is served the week of: 10/19

**Monday**
- Cereal®
- Cinnamon Gripz®
- Craisins®
- Apple Juice®

Homestyle Chicken Bites® OR Pepperoni Pizza OR
Power Pack: SunButter® Cup, Cheddar Cheese Stick, Cheez-It® Crackers, Heartzels®
Broccoli Florets® or Baby Carrots
Red Apple Slices® or Peach Cup
Whole Grain Cornbread®

**Tuesday**
- Trix™ Cherry Yogurt®
- Cinnamon Gripz®
- Cinnamon Applesauce Cup®
- Orange Juice®

BBQ Pork® Rib on Whole Grain Split Top Bun® OR Spicy Chicken Sandwich OR
Power Pack: Yoplait™ Yogurt, Cheddar Cheese Curds, Blueberry Lemon Crackers, Banana Muffin
Whole Kernel Corn® or Romaine Salad with Pepper Strips
Fresh Pineapple Chunks or Strawberry Applesauce Cup®

**Wednesday**
- Cereal®
- Cinnamon Gripz®
- Craisins®
- Apple Juice®

Cheese Pizza® OR Smucker’s® Uncrustables® PBJ OR
Power Pack: Jalapeno Cheese Cup, Spicy Sunflower Seeds, Tostitos®, Cheez-It® Crackers
Roasted Potatoes® or Baby Carrots
Red Seedless Grapes® or Peach Mango Applesauce Cup

**Thursday**
- Strawberry Cream Cheese Mini Bagels®
- Craisins®
- Orange Juice®

Cheeseburger on Whole Grain Bun® OR Beef Nachos w/ Jalapeno Cheese Cup, Salsa Cup, and Doritos® OR
Power Pack: Co-Jack® Cheese Cubes, Sunflower Seeds, Sun Chips®, Heartzels®
Kyoto Blend Vegetables® or Romaine Salad with Grape Tomatoes
Strawberry Cup or Cinnamon Applesauce Cup®
Sun Chips®

**Friday**
- Pillsbury™ Mini Chocolate Chip Pancakes®
- Craisins®
- Apple Juice®

Hot Dog on Coney Bun® OR Nashville Hot Chicken Tenders OR
Power Pack: Trix™ Strawberry Banana Yogurt, Mozzarella Cheese Stick, Cheez-It® Crackers, Doritos®
Baked Beans® or Pizza Carrots
Mixed Fresh Fruit® or Mandarin Orange Cup
Cheez-It® Crackers

*All meals include choice of Milk: 1% White or Chocolate
Breakfast & lunch served at no charge to all IPS students. | Breakfast served a minimum of 15 minutes prior to the school day.
Please note this menu is subject to change. | This institution is an equal opportunity provider. | *Pork Product | **Pre-K Menu
Monday
CerealPK
Cinnamon Gripz PK
Craisins PK
Apple Juice PK

Breaded Chicken Filet on Bun PK OR
Pepperoni Pizza OR
Power Pack: SunButter® Cup, Cheddar Cheese Stick, Cheez-It® Crackers, Heartzels®
Green Peas PK or Baby Carrots
Red Apple Slices or Peach Cup PK

Tuesday
Trix™ Cherry Yogurt PK
Cinnamon Gripz PK
Cinnamon Applesauce Cup PK
Orange Juice PK

Beef, Bean & Cheese Burrito PK OR
Spicy Chicken Sandwich OR
Power Pack: Yoplait™ Yogurt, Cheddar Cheese Curds, Blueberry Lemon Crackers, Banana Muffin
Seasoned Green Beans PK or Romaine Salad with Pepper Strips
Fresh Pineapple Chunks PK or Strawberry Applesauce Cup

Wednesday
Cereal PK
Strawberry Pop-tarts*
* Cereal PK
Craisins PK
Apple Juice PK

Grilled Cheese PK OR
Smucker’s® Uncrustables® PBJ OR
Power Pack: Jalapeno Cheese Cup, Spicy Sunflower Seeds, Tostitos®, Cheez-It® Crackers
Home Fries PK or Baby Carrots
Red Seedless Grapes or Peach Mango Applesauce Cup PK

Thursday
Blueberry Waffles PK
Strawberry Applesauce Cup PK
Orange Juice PK

Mini Chicken Corn Dogs PK OR
Beef Nachos w/ Jalapeno Cheese Cup, Salsa Cup, and Doritos® OR
Power Pack: Co-Jack® Cheese Cubes, Sunflower Seeds, Sun Chips®, Heartzels*
Baked Beans PK or Romaine Salad with Grape Tomatoes
Strawberry Cup PK or Cinnamon Applesauce Cup
Sun Chips

Friday
Sweet Potato Roll PK
Cinnamon Gripz PK
Craisins PK
Apple Juice PK

Pepperoni Pizza PK OR
Nashville Hot Chicken Tenders OR
Power Pack: Trix™ Strawberry Banana Yogurt, Mozzarella Cheese Stick, Cheez-It® Crackers, Doritos®
Broccoli Florets PK or Pizza Carrots
Cantaloupe Chunks or Mandarin Orange Cup PK
Tostitos

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### Monday
- Cereal
- Cinnamon Gripz
- Craisins
- Apple Juice
- Chicken Soft Taco OR Pepperoni Pizza OR Power Pack: SunButter Cup, Cheddar Cheese Stick, Cheez-It Crackers, Heartzels OR Whole Kernel Corn or Chili-Lime Baby Carrots Red Apple Slices or Peach Cup

### Tuesday
- Trix Cherry Yogurt
- Cinnamon Gripz
- Cinnamon Applesauce Cup
- Orange Juice
- Cheeseburger Sliders OR Spicy Chicken Sandwich OR Power Pack: Yoplait Yogurt, Cheddar Cheese Curds, Blueberry Lemon Crackers, Banana Muffin Emoji Potatoes or Romaine Salad with Pepper Strips Fresh Pineapple Chunks or Strawberry Applesauce Cup or Peach Mango Applesauce Cup or Banana Muffin

### Wednesday
- Cereal
- Cinnamon Pop-tarts
- **Cereal**
- Craisins
- Apple Juice
- Sausage Links & French Toast Sticks w/ Syrup OR Smucker’s Uncrustables PBJ OR Power Pack: Jalapeno Cheese Cup, Spicy Sunflower Seeds, Tostitos, Cheez-It Crackers Home Fries or Baby Carrots Red Seedless Grapes or Peach Mango Applesauce Cup or Banana Muffin

### Thursday
- Pillsbury Cherry Frudel Cereal
- Strawberry Applesauce Cup
- Orange Juice
- Chicken Drumstick OR Beef Nachos w/ Jalapeno Cheese Cup, Salsa Cup, and Doritos OR Power Pack: Co-Jack Cheese Cubes, Sunflower Seeds, Sun Chips, Heartzels PK Broccoli Florets or Romaine Salad with Grape Tomatoes Strawberry Cup or Cinnamon Applesauce Cup Cheese-Stuffed Breadstick

### Friday
- Pillsbury Mini Cinnis
- **Cereal**
- Craisins
- Apple Juice
- Hamburger on Whole Grain Bun OR Nashville Hot Chicken Tenders OR Power Pack: Trix Strawberry Banana Yogurt, Mozzarella Cheese Stick, Cheez-It Crackers, Doritos Baked Beans or Pizza Carrots Mixed Fresh Fruit or Mandarin Orange Cup Tostitos

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**All meals include choice of Milk:** 1% White or Chocolate

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Monday
CerealPK
Cinnamon Gripz PK
Craisins PK
Apple Juice PK

Homestyle Chicken Bites PK OR
Pepperoni Pizza OR
Power Pack: SunButter® Cup, Cheddar Cheese Stick, Cheez-It® Crackers, Heartzels®
Broccoli Florets PK or Baby Carrots
Red Apple Slices PK or Peach Cup
Whole Grain Cornbread PK

Tuesday
Trix™ Cherry Yogurt PK
Cinnamon Gripz
Cinnamon Applesauce Cup PK
Orange Juice PK

Beef Nachos w/ Jalapeno Cheese & Salsa Cup PK OR
Spicy Chicken Sandwich OR
Power Pack: Yoplait™ Yogurt, Cheddar Cheese Curds, Blueberry Lemon Crackers, Banana Muffin
Whole Kernel Corn PK or Romaine Salad with Pepper Strips
Fresh Pineapple Chunks or Strawberry Applesauce Cup PK
Tostitos

Wednesday
Cereal PK
Cinnamon Gripz PK
Craisins PK
Apple Juice PK

Breaded Pork Chop PK OR
Smucker’s® Uncrustables® PBJ OR
Power Pack: Jalapeno Cheese Cup, Spicy Sunflower Seeds, Tostitos®, Cheez-It® Crackers
Roasted Potatoes PK or Baby Carrots
Red Seedless Grapes PK or Peach Mango Applesauce Cup
Sweet Potato Roll PK

Thursday
Strawberry Cream Cheese Mini Bagels PK
Craisins PK
Orange Juice PK

Cheesburger Sliders PK OR
Beef Nachos w/ Jalapeno Cheese Cup, Salsa Cup, and Doritos® OR
Power Pack: Co-Jack® Cheese Cubes, Sunflower Seeds, Sun Chips®, Heartzels®
Kyoto Blend Vegetables PK or Romaine Salad with Grape Tomatoes
Strawberry Cup or Cinnamon Applesauce Cup PK
Sun Chips®

Friday
Pillsbury™ Mini Chocolate Chip Pancakes PK
Craisins PK
Apple Juice PK

Hot Dog on Coney Bun PK OR
Nashville Hot Chicken Tenders OR
Power Pack: Trix™ Strawberry Banana Yogurt, Mozzarella Cheese Stick, Cheez-It® Crackers, Doritos®
Baked Beans PK or Pizza Carrots
Mixed Fresh Fruit PK or Mandarin Orange Cup
Cheez-It® Crackers

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This menu is served the week of: 11/9
This menu is served the week of: 11/16

Monday
Cereal
Cinnamon Gripz
Craisins
Apple Juice

BBQ Beef Rib Sliders OR
Pepperoni Pizza OR
Power Pack: SunButter Cup, Cheddar Cheese Stick, Cheez-It Crackers, Heartzels
Green Peas or Baby Carrots
Red Apple Slices or Peach Cup

Tuesday
Trix Cherry Yogurt
Cinnamon Gripz
Cinnamon Applesauce Cup
Orange Juice

Pasta w/ Marinara Sauce & Beef Meatballs OR
Spicy Chicken Sandwich OR
Power Pack: Yoplait Yogurt, Cheddar Cheese Curds, Blueberry Lemon Crackers, Banana Muffin
Seasoned Green Beans or Romaine Salad with Pepper Strips
Fresh Pineapple Chunks or Strawberry Applesauce Cup
Cheese-Stuffed Breadstick

Wednesday
Cereal
Strawberry Pop-tart
*Cereal
Craisins
Apple Juice

Chicken Tenders OR
Smucker’s Uncrustables PBJ OR
Power Pack: Jalapeno Cheese Cup, Spicy Sunflower Seeds, Tostitos, Cheez-It Crackers
Home Fries or Baby Carrots
Red Seedless Grapes or Peach Mango Applesauce Cup
Maple Waffles

Thursday
Blueberry Waffles
Strawberry Applesauce Cup
Orange Juice

Grilled Cheese OR
Beef Nachos w/ Jalapeno Cheese Cup, Salsa Cup, and Doritos OR
Power Pack: Co-Jack Cheese Cubes, Sunflower Seeds, Sun Chips, Heartzels
Baked Beans or Romaine Salad with Grape Tomatoes
Strawberry Cup or Cinnamon Applesauce Cup
Sun Chips

Friday
Sweet Potato Roll
Cinnamon Gripz
Craisins
Apple Juice

Chicken Taquitos OR
Nashville Hot Chicken Tenders OR
Power Pack: Trix Strawberry Banana Yogurt, Mozzarella Cheese Stick, Cheez-It Crackers, Doritos
Broccoli Florets or Pizza Carrots
Cantaloupe Chunks or Mandarin Orange Cup
Tostitos

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Monday
Cereal PK
Cinnamon Gripz PK
Craisins PK
Apple Juice PK

Mozzarella Stuffed Breadsticks w/ Marinara Sauce OR
Pepperoni Pizza OR
Power Pack: SunButter Cup, Cheddar Cheese Stick, Cheez-It Crackers, Heartzels
Whole Kernel Corn or Chili-Lime Baby Carrots
Red Apple Slices or Peach Cup

Tuesday
Trix Cherry Yogurt PK
Cinnamon Gripz PK
Cinnamon Applesauce Cup PK
Orange Juice PK

Cheeseburger Sliders OR
Spicy Chicken Sandwich OR
Power Pack: Yoplait Yogurt, Cheddar Cheese Curds, Blueberry Lemon Crackers, Banana Muffin
Emoji Potatoes or Romaine Salad with Pepper Strips
Fresh Pineapple Chunks or Strawberry Applesauce Cup

Wednesday
Cereal PK
Cinnamon Pop-tart PK
Cereal PK
Craisins PK
Apple Juice PK

Honey Sriracha Boneless Wings OR
Smucker's Uncrustables PBJ OR
Power Pack: Jalapeno Cheese Cup, Spicy Sunflower Seeds, Tostitos, Cheez-It Crackers
Home Fries or Baby Carrots
Red Seedless Grapes or Peach Mango Applesauce Cup
Banana Muffin

Thursday
Pillsbury Cherry Frudel Cereal PK
Cereal PK
Strawberry Applesauce Cup PK
Orange Juice PK

Stuffed Pepperoni Sandwich OR
Beef Nachos w/ Jalapeno Cheese Cup, Salsa Cup, and Doritos OR
Power Pack: Co-Jack Cheese Cubes, Sunflower Seeds, Sun Chips, Heartzels
Broccoli Florets or Romaine Salad with Grape Tomatoes
Strawberry Cup or Cinnamon Applesauce Cup
Sun Chips

Friday
Pillsbury Mini Cinnis Cereal PK
Craisins PK
Apple Juice PK

Hamburger on Whole Grain Bun OR
Nashville Hot Chicken Tenders OR
Power Pack: Trix Strawberry Banana Yogurt, Mozzarella Cheese Stick, Cheez-It Crackers, Doritos
Baked Beans or Pizza Carrots
Mixed Fresh Fruit or Mandarin Orange Cup
Tostitos

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