**Monday**

- Cereal
- Cinnamon Gripz
- Craisins
- Apple Juice

- Homestyle Chicken Bites OR Pepperoni Pizza OR Power Pack: SunButter Cup, Cheddar Cheese Stick, Cheez-It Crackers, Heartzels
- Broccoli Florets or Baby Carrots
- Red Apple Slices or Peach Cup
- Whole Grain Cornbread

**Tuesday**

- Trix Cherry Yogurt
- Cinnamon Gripz
- Cinnamon Applesauce Cup
- Orange Juice

- BBQ Pork Rib on Whole Grain Split Top Bun OR Spicy Chicken Sandwich OR Power Pack: Yoplait Yogurt, Cheddar Cheese Curds, Blueberry Lemon Crackers, Banana Muffin
- Whole Kernel Corn or Romaine Salad with Pepper Strips
- Fresh Pineapple Chunks or Strawberry Applesauce Cup

**Wednesday**

- Cereal
- Cinnamon Gripz
- Craisins
- Apple Juice

- Cheese Pizza OR Smucker’s Uncrustables PBJ OR Power Pack: Jalapeno Cheese Cup, Spicy Sunflower Seeds, Tostitos, Cheez-It Crackers
- Roasted Potatoes or Baby Carrots
- Red Seedless Grapes or Peach Mango Applesauce Cup

**Thursday**

- Strawberry Cream Cheese Mini Bagels
- Craisins
- Orange Juice

- Cheeseburger on Whole Grain Bun OR Beef Nachos w/ Jalapeno Cheese Cup, Salsa Cup, and Doritos OR Power Pack: Co-Jack Cheese Cubes, Sunflower Seeds, Sun Chips, Heartzels
- Kyoto Blend Vegetables or Romaine Salad with Grape Tomatoes
- Strawberry Cup or Cinnamon Applesauce Cup

**Friday**

- Pillsbury Mini Chocolate Chip Pancakes
- Craisins
- Apple Juice

- Hot Dog on Coney Bun OR Nashville Hot Chicken Tenders OR Power Pack: Trix Strawberry Banana Yogurt, Mozzarella Cheese Stick, Cheez-It Crackers, Doritos
- Baked Beans or Pizza Carrots
- Mixed Fresh Fruit or Mandarin Orange Cup

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*All meals include choice of Milk: 1% White or Chocolate*  

*Breakfast & lunch served at no charge to all IPS students. Breakfast served a minimum of 15 minutes prior to the school day. Please note this menu is subject to change. This institution is an equal opportunity provider. *Pork Product | Pre-K Menu*
This menu is served the week of: 10/26

**Monday**
- Cereal®
- Cinnamon Gripz®
- Craisins®
- Apple Juice®
- Breaded Chicken Filet on Bun®
- Pepperoni Pizza®
- Power Pack: SunButter® Cup, Cheddar Cheese Stick, Cheez-It® Crackers, Heartzels®
- Green Peas® or Baby Carrots
- Red Apple Slices or Peach Cup®

**Tuesday**
- Trix™ Cherry Yogurt®
- Cinnamon Gripz®
- Cinnamon Applesauce Cup®
- Orange Juice®
- Beef, Bean & Cheese Burrito®
- Spicy Chicken Sandwich OR
- Power Pack: Yoplait™ Yogurt, Cheddar Cheese Curds, Blueberry Lemon Crackers, Banana Muffin
- Seasoned Green Beans® or Romaine Salad with Pepper Strips
- Fresh Pineapple Chunks® or Strawberry Applesauce Cup®

**Wednesday**
- Cereal®
- Strawberry Pop-tarts®
- Cereal®
- Craisins®
- Apple Juice®
- Grilled Cheese®
- Smucker’s® Uncrustables® PBJ OR
- Power Pack: Jalapeno Cheese Cup, Spicy Sunflower Seeds, Tostitos®, Cheez-It® Crackers
- Home Fries® or Baby Carrots
- Red Seedless Grapes or Peach Mango Applesauce Cup®

**Thursday**
- Blueberry Waffles®
- Strawberry Applesauce Cup®
- Orange Juice®
- Mini Chicken Corn Dogs®
- Beef Nachos w/ Jalapeno Cheese Cup, Salsa Cup, and Doritos® OR
- Power Pack: Co-Jack® Cheese Cubes, Sunflower Seeds, Sun Chips®, Heartzels®
- Baked Beans® or Romaine Salad with Grape Tomatoes
- Strawberry Cup® or Cinnamon Applesauce Cup®

**Friday**
- Sweet Potato Roll®
- Cinnamon Gripz®
- Craisins®
- Apple Juice®
- Pepperoni Pizza®
- Nashville Hot Chicken Tenders OR
- Power Pack: Trix™ Strawberry Banana Yogurt, Mozzarella Cheese Stick, Cheez-It® Crackers, Doritos®
- Broccoli Florets® or Pizza Carrots
- Cantaloupe Chunks or Mandarin Orange Cup®

All meals include choice of Milk: 1% White or Chocolate

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Updated 10/12/20
This menu is served the week of: 11/2

**Monday**
- Cereal
- Cinnamon Gripz®
- Craisins®
- Apple Juice

- Chicken Soft Taco OR Pepperoni Pizza OR Pepper Pack: SunButter® Cup, Cheddar Cheese Stick, Cheez-It® Crackers, Heartzels® Whole Kernel Corn or Chili-Lime Baby Carrots Red Apple Slices or Peach Cup

**Tuesday**
- Trix™ Cherry Yogurt
- Cinnamon Gripz®
- Cinnamon Applesauce Cup
- Orange Juice

- Cheeseburger Sliders OR Spicy Chicken Sandwich OR Power Pack: Yoplait™ Yogurt, Cheddar Cheese Curds, Blueberry Lemon Crackers, Banana Muffin Emoji Potatoes or Romaine Salad with Pepper Strips Fresh Pineapple Chunks or Strawberry Applesauce Cup Banana Muffin

**Wednesday**
- Cereal
- Cinnamon Pop-tarts®
- **Cereal**
- **Craisins**
- **Apple Juice**

- Sausage Links & French Toast Sticks w/ Syrup OR Smucker’s® Uncrustables® PBJ OR Power Pack: Jalapeno Cheese Cup, Spicy Sunflower Seeds, Tostitos®, Cheez-It® Crackers Home Fries or Baby Carrots Red Seedless Grapes or Peach Mango Applesauce Cup Banana Muffin

**Thursday**
- Pillsbury™ Cherry Frudel™
- **Cereal**
- Strawberry Applesauce Cup
- Orange Juice

- Chicken Drumstick OR Beef Nachos w/ Jalapeno Cheese Cup, Salsa Cup, and Doritos® OR Power Pack: Co-Jack® Cheese Cubes, Sunflower Seeds, Sun Chips®, Heartzels® Broccoli Florets or Romaine Salad with Grape Tomatoes Strawberry Cup or Cinnamon Applesauce Cup Cheese-Stuffed Breadstick

**Friday**
- Pillsbury™ Mini Cinnis
- **Cereal**
- **Craisins**
- **Apple Juice**

- Hamburger on Whole Grain Bun OR Nashville Hot Chicken Tenders OR Power Pack: Trix™ Strawberry Banana Yogurt, Mozzarella Cheese Stick, Cheez-It® Crackers, Doritos® Baked Beans or Pizza Carrots Mixed Fresh Fruit or Mandarin Orange Cup

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Updated 10/12/20
This menu is served the week of: 11/9

**Monday**
- Cereal
- Cinnamon Gripz
- Craisins
- Apple Juice
- Homestyle Chicken Bites OR Pepperoni Pizza OR Power Pack: SunButter Cup, Cheddar Cheese Stick, Cheez-It Crackers, Heartzels.
- Broccoli Florets or Baby Carrots
- Red Apple Slices or Peach Cup
- Whole Grain Cornbread

**Tuesday**
- Trix Cherry Yogurt
- Cinnamon Gripz
- Cinnamon Applesauce Cup
- Orange Juice
- Beef Nachos w/ Jalapeno Cheese & Salsa Cup OR Spicy Chicken Sandwich OR Power Pack: Yoplait Yogurt, Cheddar Cheese Curds, Blueberry Lemon Crackers, Banana Muffin
- Whole Kernel Corn or Romaine Salad with Pepper Strips
- Fresh Pineapple Chunks or Strawberry Applesauce Cup OR Tostitos

**Wednesday**
- Cereal
- Cinnamon Gripz
- Craisins
- Apple Juice
- Breaded Pork Chop OR Smucker's Uncrustables PBJ OR Power Pack: Jalapeno Cheese Cup, Spicy Sunflower Seeds, Tostitos, Cheez-It Crackers
- Roasted Potatoes OR Baby Carrots
- Red Seedless Grapes OR Peach Mango Applesauce Cup
- Sweet Potato Roll

**Thursday**
- Strawberry Cream Cheese Mini Bagels
- Craisins
- Orange Juice
- Cheeseburger Sliders OR Beef Nachos w/ Jalapeno Cheese Cup, Salsa Cup, and Doritos OR Power Pack: Co-Jack Cheese Cubes, Sunflower Seeds, Sun Chips, Heartzels
- Kyoto Blend Vegetables or Romaine Salad with Grape Tomatoes
- Strawberry Cup or Cinnamon Applesauce Cup

**Friday**
- Pillsbury Mini Chocolate Chip Pancakes
- Craisins
- Apple Juice
- Hot Dog on Coney Bun OR Nashville Hot Chicken Tenders OR Power Pack: Trix Strawberry Banana Yogurt, Mozzarella Cheese Stick, Cheez-It Crackers, Doritos
- Baked Beans OR Pizza Carrots
- Mixed Fresh Fruit OR Mandarin Orange Cup

All meals include choice of Milk: 1% White or Chocolate

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Monday
CerealPK
Cinnamon GripzPK
CraisinsPK
Apple JuicePK
BBQ Beef Rib SlidersPK OR
Pepperoni Pizza OR
Power Pack: SunButter® Cup, Cheddar Cheese Stick, Cheez-It® Crackers, Heartzels®
Green PeasPK or Baby Carrots
Red Apple Slices or Peach CupPK

Tuesday
Trix™ Cherry YogurtPK
Cinnamon GripzPK
Cinnamon Applesauce CupPK
Orange JuicePK
Pasta w/ Marinara Sauce & Beef MeatballsPK OR
Spicy Chicken Sandwich OR
Power Pack: Yoplait™ Yogurt, Cheddar Cheese Curds, Blueberry Lemon Crackers, Banana Muffin
Seasoned Green BeansPK or Romaine Salad with Pepper Strips
Fresh Pineapple ChunksPK or Strawberry Applesauce Cup
Cheese-Stuffed BreadstickPK

Wednesday
CerealPK
Strawberry Pop-tart®
Cereal
Craisins
Apple JuicePK
Chicken TendersPK OR
Smucker’s® Uncrustables® PBJ OR
Power Pack: Jalapeno Cheese Cup, Spicy Sunflower Seeds, Tostitos®, Cheez-It® Crackers
Home FriesPK or Baby Carrots
Red Seedless Grapes or Peach Mango Applesauce CupPK
Maple WafflesPK

Thursday
Blueberry WafflesPK
Strawberry Applesauce CupPK
Orange JuicePK
Grilled CheesePK OR
Beef Nachos w/ Jalapeno Cheese Cup, Salsa Cup, and Doritos® OR
Power Pack: Co-Jack® Cheese Cubes, Sunflower Seeds, Sun Chips®, Heartzels®
Baked BeansPK or Romaine Salad with Grape Tomatoes
Strawberry CupPK or Cinnamon Applesauce Cup

Friday
Sweet Potato RollPK
Cinnamon GripzPK
Craisins
Apple JuicePK
Chicken TaquitosPK OR
Nashville Hot Chicken Tenders OR
Power Pack: Trix™ Strawberry Banana Yogurt, Mozzarella Cheese Stick, Cheez-It® Crackers, Doritos®
Broccoli FloretsPK or Pizza Carrots
Cantaloupe Chunks or Mandarin Orange CupPK

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This menu is served the week of: 11/16

10/15/20
## Breakfast & Lunch Menus

<table>
<thead>
<tr>
<th>Day</th>
<th>Menu Items</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Cereal PK, Cinnamon Gripz PK, Craisins PK, Apple Juice PK, Mozzarella Stuffed Breadsticks w/ Marinara Sauce OR, Pepperoni Pizza OR, Power Pack: SunButter Cup, Cheddar Cheese Stick, Cheez-It Crackers, Heartzels Whole Kernel Corn or Chili-Lime Baby Carrots, Red Apple Slices or Peach Cup</td>
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<tr>
<td>Tuesday</td>
<td>Trix Cherry Yogurt PK, Cinnamon Gripz PK, Cinnamon Applesauce Cup PK, Orange Juice PK, Cheeseburger Sliders OR, Spicy Chicken Sandwich OR, Power Pack: Yoplait Yogurt, Cheddar Cheese Curds, Blueberry Lemon Crackers, Banana Muffin, Emoji Potatoes OR or Romaine Salad with Pepper Strips, Fresh Pineapple Chunks or Strawberry Applesauce Cup</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Cereal PK, Cinnamon Pop-tart PK, *Cereal PK, Craisins PK, Apple Juice PK, Honey Sriracha Boneless Wings OR, Smucker’s Uncrustables PBJ OR, Power Pack: Jalapeno Cheese Cup, Spicy Sunflower Seeds, Tostitos, Cheez-It Crackers, Home Fries OR or Baby Carrots, Red Seedless Grapes or Peach Mango Applesauce Cup, Banana Muffin</td>
</tr>
<tr>
<td>Thursday</td>
<td>Pillsbury Cherry Frudel Cereal PK, Strawberry Applesauce Cup PK, Orange Juice PK, Stuffed Pepperoni Sandwich OR, Beef Nachos w/ Jalapeno Cheese Cup, Salsa Cup, and Doritos OR, Power Pack: Co-Jack Cheese Cubes, Sunflower Seeds, Sun Chips, Heartzels, Broccoli Florets PK or Romaine Salad with Grape Tomatoes, Strawberry Cup or Cinnamon Applesauce Cup PK</td>
</tr>
<tr>
<td>Friday</td>
<td>Pillsbury Mini Cinnis Cereal PK, Craisins PK, Apple Juice PK, Hamburger on Whole Grain Bun OR, Nashville Hot Chicken Tenders OR, Power Pack: Trix Strawberry Banana Yogurt, Mozzarella Cheese Stick, Cheez-It Crackers, Doritos, Baked Beans OR or Pizza Carrots, Mixed Fresh Fruit OR or Mandarin Orange Cup</td>
</tr>
</tbody>
</table>

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**Pre-K Menu**