

This menu is served the Weeks of: 8/5, 8/26, 9/16, 10/7, 10/28, 11/18, 12/9, 1/20, 2/10, 3/2, 4/13, 5/4 & 5/25



# Breakfast & Lunch Menus

## Monday

Beef Sausage on Mini Round Bun<sup>PK</sup> OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal

Cinnamon Gripz<sup>®</sup>, Graham Crackers

Dried or Whole Fruit, Apple or Orange Juice<sup>PK</sup>

Beef Nachos w/Jalapeno Cheese & Salsa Cup<sup>PK</sup> OR

BBQ Pork\* Rib on Whole Grain Split Top Bun OR

Power Pack: *SunButter<sup>®</sup> Cup, Ranch Cheese Curds, Cheez-It<sup>®</sup> Crackers*

Whole Kernel Corn<sup>PK</sup> or Chili-Lime Baby Carrots

Red Apple Slices<sup>PK</sup>, Peach Cup, or Whole Fruit

Tostitos<sup>®PK</sup>

## Tuesday

Blueberry Waffles<sup>PK</sup> OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal

Cinnamon Gripz<sup>®</sup>, Graham Crackers

Dried or Whole Fruit, Apple or Orange Juice<sup>PK</sup>

Homestyle Chicken Bites<sup>PK</sup> OR

Chili w/Shredded Cheese OR

Power Pack: *Yoplait<sup>™</sup> Yogurt, Cheddar Cheese Stick, Blueberry Lemon Crackers*

Broccoli Florets<sup>PK</sup> or Baby Carrots

Fresh Pineapple Chunks, Strawberry Applesauce Cup<sup>PK</sup>, or Whole Fruit

Whole Grain Cornbread<sup>PK</sup>

## Wednesday

Pillsbury<sup>™</sup> Cherry Frudel<sup>™</sup> OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal<sup>PK</sup>

Cinnamon Gripz<sup>®</sup>, Graham Crackers

Dried or Whole Fruit<sup>PK</sup>, Apple or Orange Juice

Breaded Pork\* Chop<sup>PK</sup> OR

Cheeseburger on Whole Grain Bun OR

Power Pack: *Jalapeno Cheese Cup, Spicy Sunflower Seeds, Tostitos<sup>®</sup>*

Whipped Potatoes & Gravy<sup>PK</sup>, or Baby Carrots

Red Seedless Grapes<sup>PK</sup>, Peach Mango Applesauce Cup, or Whole Fruit

Sweet Potato Roll

## Thursday

Sausage\* Pancake on a Stick<sup>PK</sup> OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal

Cinnamon Gripz<sup>®</sup>, Graham Crackers

Dried or Whole Fruit, Apple or Orange Juice<sup>PK</sup>

Cheese Pizza<sup>PK</sup> OR

Breaded Orange Chicken & Rice Bowl OR

Power Pack: *Co-Jack<sup>®</sup> Cheese Cubes, Sunflower Seeds, Sun Chips<sup>®</sup>*

Kyoto Blend Vegetables<sup>PK</sup> or Baby Carrots

Strawberry Cup<sup>PK</sup>, Cinnamon Applesauce Cup, or Whole Fruit

## Friday

Egg, Cheese & Turkey Bacon Pizza<sup>PK</sup> OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal

Cinnamon Gripz<sup>®</sup>, Graham Crackers

Dried<sup>PK</sup> or Whole Fruit, Apple or Orange Juice

Hot Dog on Coney Bun<sup>PK</sup> OR

Buffalo Chicken Sliders OR

Power Pack: *Taco Hummus, Mozzarella Cheese Stick, Heartzels<sup>®</sup>, Captain Wafer<sup>®</sup> Crackers*

Baked Beans<sup>PK</sup> or Baby Carrots

Mixed Fresh Fruit<sup>PK</sup>, Mandarin Orange Cup, or Whole Fruit

Visit the Flavor Station to customize your lunch w/Ranch, French, Hot Sauce, BBQ Sauce, Parmesan Cheese, Mrs. Dash, Ketchup, Mustard, or Salad Dressing.



**All meals include choice of Milk:** 1% White, Fat-free Chocolate, Fat-free Strawberry or Fat-free Vanilla

Breakfast & lunch served at no charge to all IPS students. | Breakfast served a minimum of 15 minutes prior to the school day.

Please note this menu is subject to change. | This institution is an equal opportunity provider. | \*Pork Product | <sup>PK</sup>Pre-K Menu

This menu is served the Weeks of: 8/12, 9/2, 9/23, 11/4, 11/25, 12/16, 1/6, 1/27, 2/18, 3/9, 4/20, 5/11 & 6/1



# Breakfast & Lunch Menus

## Monday

Maple Pancake & Chicken Sausage<sup>PK</sup> OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal

Cinnamon Gripz<sup>®</sup>, Graham Crackers

Dried<sup>PK</sup> or Whole Fruit, Apple or Orange Juice

Breaded Chicken Filet on Bun OR

BBQ Beef Rib Sliders<sup>PK</sup> OR

Power Pack: *SunButter<sup>®</sup> Cup, Ranch Cheese Curds, Cheez-It<sup>®</sup> Crackers*

Green Peas<sup>PK</sup> or Baby Carrots

Green Apple Slices, Peach Cup<sup>PK</sup>, or Whole Fruit

## Tuesday

Apple Cinnamon Texas Toast<sup>PK</sup> OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal

Cinnamon Gripz<sup>®</sup>, Graham Crackers

Dried or Whole Fruit, Apple or Orange Juice<sup>PK</sup>

Spaghetti w/Sauce and Beef Meatballs<sup>PK</sup> OR

Chicken Taquitos OR

Power Pack: *Yoplait<sup>™</sup> Yogurt, Cheddar Cheese Stick, Blueberry Lemon Crackers*

Seasoned Green Beans<sup>PK</sup> or Baby Carrots

Fresh Pineapple Chunks, Strawberry Applesauce Cup<sup>PK</sup>, or Whole Fruit

Cheese Stuffed Breadstick

## Wednesday

Sausage, Egg & Cheese Sliders<sup>PK</sup> OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal

Cinnamon Gripz<sup>®</sup>, Graham Crackers

Dried or Whole Fruit, Apple or Orange Juice<sup>PK</sup>

Chicken Tenders<sup>PK</sup> OR

Breaded Fish OR

Power Pack: *Jalapeno Cheese Cup, Spicy Sunflower Seeds, Tostitos<sup>®</sup>*

Broccoli Florets<sup>PK</sup> or Chili-Lime Baby Carrots

Red Seedless Grapes, Peach Mango Applesauce Cup<sup>PK</sup>, or Whole Fruit

Whole Grain Cornbread<sup>PK</sup>

## Thursday

Pillsbury<sup>™</sup> Maple Waffles<sup>PK</sup> OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal

Cinnamon Gripz<sup>®</sup>, Graham Crackers

Dried or Whole Fruit, Apple or Orange Juice<sup>PK</sup>

Mini Chicken Corn Dogs<sup>PK</sup> OR

Pepperjack Cheeseburger Sliders OR

Power Pack: *Co-Jack<sup>®</sup> Cheese Cubes, Sunflower Seeds, Sun Chips<sup>®</sup>*

Baked Beans<sup>PK</sup> or Baby Carrots

Strawberry Cup<sup>PK</sup>, Cinnamon Applesauce Cup, or Whole Fruit

## Friday

Sausage & Cheese on Mini Bagel<sup>PK</sup> OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal

Cinnamon Gripz<sup>®</sup>, Graham Crackers

Dried or Whole Fruit<sup>PK</sup>, Apple or Orange Juice

Pepperoni Pizza<sup>PK</sup> OR

Toasted Beef & Cheddar Sandwich OR

Power Pack: *Taco Hummus, Mozzarella Cheese Stick, Hartzels<sup>®</sup>, Captain Wafer<sup>®</sup> Crackers*

Roasted Potatoes<sup>PK</sup> or Baby Carrots

Mixed Fresh Fruit, Mandarin Orange Cup<sup>PK</sup>, or Whole Fruit

**Visit the Flavor Station to customize your lunch w/Ranch, French, Hot Sauce, BBQ Sauce, Parmesan Cheese, Mrs. Dash, Ketchup, Mustard, or Salad Dressing.**



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# Breakfast & Lunch Menus

## Monday

Sausage\* Pancake on a Stick<sup>PK</sup> OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal  
Cinnamon Gripz<sup>®</sup>, Graham Crackers

Dried or Whole Fruit, Apple or Orange Juice<sup>PK</sup>

Mozzarella Stuffed Breadsticks w/Marinara Sauce OR

Chicken Soft Taco<sup>PK</sup> OR

Power Pack: *SunButter<sup>®</sup> Cup, Ranch Cheese Curds, Cheez-It<sup>®</sup> Crackers*

Whole Kernel Corn<sup>PK</sup> or Chili-Lime Baby Carrots

Red Apple Slices, Peach Cup<sup>PK</sup>, or Whole Fruit

## Tuesday

Turkey Ham & Cheese on Hawaiian Roll<sup>PK</sup> OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal  
Cinnamon Gripz<sup>®</sup>, Graham Crackers

Dried or Whole Fruit, Apple or Orange Juice<sup>PK</sup>

Cheeseburger Sliders<sup>PK</sup> OR

Chicken-Cheddar Burrito Rice Bowl OR

Power Pack: *Yoplait<sup>™</sup> Yogurt, Cheddar Cheese Stick, Blueberry Lemon Crackers*

Taco Fiesta Black Beans<sup>PK</sup> or Baby Carrots

Fresh Pineapple Chunks, Strawberry Applesauce<sup>PK</sup>, or Whole Fruit

## Wednesday

Strawberry Cream Cheese Mini Bagels<sup>PK</sup> OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal  
Cinnamon Gripz<sup>®</sup>, Graham Crackers

Dried<sup>PK</sup> or Whole Fruit, Apple or Orange Juice

Sausage\* Links & French Toast Sticks w/Syrup OR

Grilled Cheese Sandwich<sup>PK</sup> OR

Power Pack: *Jalapeno Cheese Cup, Spicy Sunflower Seeds, Tostitos<sup>®</sup>*

Emoji Potatoes<sup>PK</sup> or Baby Carrots

Red Seedless Grapes<sup>PK</sup>, Peach Mango Applesauce Cup, or Whole Fruit

Banana Muffin

## Thursday

Chicken Sausage on Biscuit<sup>PK</sup> OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal  
Cinnamon Gripz<sup>®</sup>, Graham Crackers

Dried or Whole Fruit<sup>PK</sup>, Apple or Orange Juice

Honey Sriracha Boneless Wings OR

Turkey Ham & Cheese Sub<sup>PK</sup> OR

Power Pack: *Co-Jack<sup>®</sup> Cheese Cubes, Sunflower Seeds, Sun Chips<sup>®</sup>*

Broccoli Florets<sup>PK</sup> or Baby Carrots

Strawberry Cup, Cinnamon Applesauce Cup<sup>PK</sup>, or Whole Fruit

Whole Grain Cornbread

## Friday

Pillsbury<sup>™</sup> Mini Cinnis OR

Choice of any 2 items:

Fruit Yogurt Cup, Choice of Cereal<sup>PK</sup>  
Cinnamon Gripz<sup>®</sup>, Graham Crackers

Dried or Whole Fruit, Apple or Orange Juice<sup>PK</sup>

Hamburger on Whole Grain Bun<sup>PK</sup> OR

Stuffed Pepperoni Sandwich OR

Power Pack: *Taco Hummus, Mozzarella Cheese Stick, Heartzels<sup>®</sup>, Captain Wafer<sup>®</sup> Crackers*

Lettuce, Tomato Slices & Pickle Chips<sup>PK</sup> or Baby Carrots

Mixed Fresh Fruit<sup>PK</sup>, Mandarin Orange Cup, or Whole Fruit

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